

Wednesday 11th March 2020

Week 7

PRINCIPAL GREEN'S PARAGRAPHS

It is hard to believe that it is Week 7 already! We have passed the half way mark of the term where many of our students have achieved great things.

Work Around the School

As you may have noticed, there has been a lot of work taking place around our school. I would like to congratulate our school community on their flexibility and patience throughout this time. We have had to make a few changes to our routines and it is pleasing to see that everybody has coped so well with these changes.

Our roof is almost completed where the workers are working on the final touches to the guttering etc.

Our new stage is almost complete, we are just waiting on some final touches to be made to the railings etc.

Our Play Patch equipment is also close to completion where our students will have the joy of trialling the new equipment very soon.

P & C / Community Meeting

Our community meeting was held last night where we discussed things that were happening around the school as well as how we will go forward with our parent's meetings. A survey will be coming out shortly to get your feedback on future directions. Thank you to all those who came along.

National Day of Action against Bullying and Violence

Next Friday we will be participating in the National Day of Action Against Bullying and Violence. All classes will be participating in activities to develop their awareness of what bullying is and how to 'say no to bullying'. Please support us in discussing the importance of being kind and respectful to others. It is critical that students understand that actions and words can really hurt others, especially when they occur on a regular basis. Let's all join together and 'say no to bullying and violence!'

Social Media

The world is certainly turning into a very technology based way of living. It is for this reason that it is important to be aware of what our children are accessing when using their iPads, tablets, computers, phones, game consoles etc. Most Apps and games specify what age group they are suitable for. Age restrictions are provided for a reason as a child's brain is developing throughout childhood and things they access and view can impact the brain's development and in turn have a negative impact on how the child responds to various situations.

Please ensure-

- you are supervising your child/ children when using any device
- be aware of who they are talking to and how they are behaving online
- check in regularly to ensure games and Apps are appropriate for your child's age
- **TikTok, Instagram, FaceBook and Snapchat are for children aged 13+. No students at Ambarvale P.S. should be using these apps**

Please refer to the attached information which give a through outline of some popular Apps that your children may be using. As parents and carers it is important that we are aware of the Apps our children are using and are able to promote positive interaction online.

Mrs Green's Tip

Set a time and place for homework. Having a routine will make completing homework a lot less stressful as homework is not supposed to be a stressful experience. My kitchen is the hub for homework activities each evening where I manage to cook dinner, yet support my 3 children in completing their homework.

When you and your child /children arrive home:

- show an interest and talk to your child / children about their day at school,
- sit down and have a snack,
- start homework and stay near to them so that you are able to support and guide them,
- if no homework has been given, you may like to read to your child / children or have them read to you. This is an important and valuable activity that doesn't take too long, yet can have a positive impact in so many ways.

Homework will allow you to see what work is being taught at school. It should not take up the whole afternoon, 10-20 minutes daily is a good balance.

**Until next time,
Mrs K Green**

ASSEMBLY ROSTER – TERM 1

Due to construction work taking place in the hall there will be no assemblies held until Week 9 this term.

Monday 23 rd March (Week 9)	2.00pm	4/5J Mrs Jelic	Classroom Awards
Monday 6 th April (Week 11)	2.00pm	School Leaders	Bronze, silver, gold and platinum awards

PBL Focus



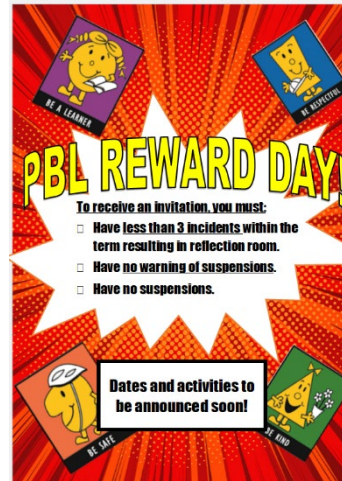
Week 6 and 7

This fortnight all students from K-6 have engaged in a meaningful social story about how to be kind and follow the 3 Step Plan in a range of settings. Teachers modelled how to show appropriate behaviour during lunch and recess through varying scenarios.

PBL Reward Day

PBL Reward Day is approaching and we can't wait! At the end of each term, students celebrate positive behaviour by participating in a special planned event. In order to receive an invitation for the event, students must:

- Have less than 3 incidents within the term resulting in reflection room
- Have no warning of suspensions
- Have no suspensions



HIGH SCHOOL FORMS

High School expression of interest forms were handed out earlier this term. These forms are now due back to school.

It is very important that all Year 6 students return this expression of interest form to the office by Wednesday 18th March.

3 WAY INTERVIEWS

3 way interviews will be happening in Week 8 from Monday 9th to Friday 13th March 2020. These interviews are a great opportunity to discuss learning and social goals for your child. These interviews need to be booked through an online system.

Please go to www.schoolinterviews.com.au and click on make a booking. Your code that you will need is **f5ygt**. Simply enter your details, select the teacher you wish to see and choose an appointment time. If you have any trouble using this booking system we are more than happy to help you in the office. All bookings must be finalised by Friday 13th March at 3pm.

SCHOOL PHOTOS



SMILE FOR THE CAMERA!

School photo day is **Wednesday 25th March**.

Please ensure your child is in **full summer school uniform** with white sock and black shoes if possible. NO plain white, green shirts or the old style school shirts please. Please pay **before** the photography day and return photo envelopes to the school. There is an online option which will still require you to send in your child's envelope.

FOR ONLINE PAYMENTS, please go to www.theschoolphotographer.com.au The Online Order code is located on your child's personal envelope to make payment.

SIBLINGS PHOTOS - require a **separate siblings envelope** which can be collected from the School Office and will be handed out on request.

ZONE SWIMMING CARNIVAL

Congratulations to our Ambarvale All Star swimmers. This year we had four students who attended the Zone Swimming Carnival: Eliza B, Youssif A, Remuz M and Kira M. Zofia C qualified yet was unfortunately unwell on the day. All students participated in their races with the Ambarvale All Star spirit and should be very proud of their efforts progressing to Zone whilst representing our school with great pride.

I would also like to say a huge congratulations to Remuz and Eliza who progressed to the Regional Swimming Carnival which was held yesterday, having the opportunity to represent Campbelltown PSSA. This is an amazing achievement.



HARMONY DAY



Harmony Day at Ambarvale at Ambarvale Public School is going to be celebrated on Thursday 19th March 2020.

Students will be participating in class activities as well as a whole school activity that has been organised for the day.

As orange is the colour chosen to represent Harmony Day, students are encouraged to wear one item of orange clothing or an accessory such as hair ribbon, socks, headband etc with their school uniform to help celebrate this special day.

EASTER HAT PARADE

It's that time of year again! The Easter Hat Parade will be held on the Thursday 9th of April at 12:00 pm. Students will have the opportunity to parade with their class and show off the amazing hats that they have created at home.

Prizes will be awarded in the following categories:

- Most creative/inventive hat
- Biggest non-chocolate egg
- Most colourful
- Tallest hat
- Most original Easter hat
- Best use of recycled materials
- Best Easter hat per stage



A raffle will also be drawn throughout the parade. A reminder that students are to wear full school uniform on the day and bring their hats to school in a bag. We look forward to seeing you there.

Donations Needed!

We are asking our parents and community for donations for our Easter Raffle. Donations of chocolate eggs, chocolate bunnies, Easter soft toys, Easter books, baskets etc will be much appreciated.

The class who brings in the most donations this year will be rewarded with a class prize!

Please bring your donation to the office. Thank you very much for your support.

LIBRARY CHAT

Library Borrowing: Each week children have the opportunity to borrow books from the library. To keep books safe and clean children must have a library bag before they can take books home. Library days for each class are on the following days, although there may be changes to this at times. We will do our best to inform you of any changes.

Monday: 5/6F, 4N, 1R

Tuesday: 2/3C, 4/5J, 3T

Wednesday: 2-6H, KT, KM, 1N

Thursday: 6C, 2B, KB, KM, 1/2D

Friday (with Miss Terrey): 3-6G, K-2C, 3-6M

Book Club: Scholastic Book Club magazines come home twice most terms, where children and parents are welcome to buy books, diaries and craft activities. The school receives reward points which I spend on books for the library. Your support makes a difference for all children in the school. Thank you to those who buy books. Your children benefit too. All research shows that children who read every day at home will do better at school. Book club orders are due by Wednesday 18th March.

Mrs Sullivan
LIBRARIAN

SCRIPTURE

Scripture lessons have been delayed this year due to a number of events, but it will be starting next week. Children will attend Special Religious Education classes if they have returned a note. Students in our school are offered Catholic Scripture or General Scripture, which is a Christian class run by our local Church of Christ. Those who have not brought in a note, or who choose not to attend will participate in activities supervised by teachers. An Aboriginal Cultural group will also run at the same time. A separate note has gone home about this group, and must be returned if you wish your child to attend.

CLEAN UP AUSTRALIA DAY

On Monday the students of Ambarvale Public School set out to and made a huge difference to our school environment. After the rain in the past weeks much of our rubbish was already on its way into the ground. Students used their gloved hands to pick this rubbish up and you'll see how beautiful our school now looks. Well done all.

In the process of learning about our need to clean our environment, students learned about the important recycling numbers found within the recycling triangle on most plastic items.

The recyclable numbers are 1, 2, 3, 4 and 5.

The catch phrase is - 'If the number fits on my hand it goes in the recycling bin'

You could do this at home too, look at different plastics with your children, fruit trays will have these numbers too and so your children can be responsible for making sure these go in the recycling bin;

Helping to keep the world a cleaner place!



TERM 1 2020 Ambarvale Public School

Month	Week	Monday	Tuesday	Wednesday	Thursday	Friday	Weekend
Mar	7	9	10 Regional Swimming	11	12	13 Gala Day	14/15 Jess J Camp F/S RPS
Mar	8	16 Assembly	17 Year 5 &6 High School taster day	18	19 Harmony Day	20 Bullying No Way National Day of Action	21/22 Harmony Day
Mar Apr	9	23 Leadership day Wooglemai	24	25 School Photos	26	27	28/29
Apr	10	30	31	1	2	3 Gala Day	4/5
April	11	6 Captains Assembly	7	8 Community Event - Dickens Rd 3.30 -6.30pm Jess	9 Last Day of Term Easter Hat Parade	10 Good Friday Public Holiday	11/12 Easter Weekend
April		13 Easter Monday	14	15	16	17	18/19
April		20	21	22	23	24	25/26 ANZAC Day



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- laptops & tablets
- uniforms & shoes
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- books & supplies
- campus & excursions

To join Saver Plus, you must be at least 18 years or over, have a child at school or attend vocational education yourself, have regular income from paid employment (you or your partner), have a current Health Care or Pensioner Concession Card and be in receipt of an eligible Commonwealth social security benefit, allowance or payment*



* many Centlink payments are eligible, please contact your local Coordinator for more information. Saver Plus is an initiative of the Brotherhood of St Laurence and ANZ, delivered in partnership with Saver Plus, The benedert Society and The Smith Family and other local community agencies. The program is funded by ANZ and the Australian Government Department of Social Services. Go to www.saverplus.org.au for more information.



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Fact sheet

INSTAGRAM (For youth)



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What is Instagram?

Instagram is a photo-sharing app which allows users to take photos and videos, apply a filter and share their photos with either followers or the general public. Users are able to 'like' and comment on photos as well as send these images directly to individual followers.

Instagram has a private messaging option which allows followers to contact one another and share photos privately. Private messaging can be accessed by the inbox symbol at the top right corner of the home page.

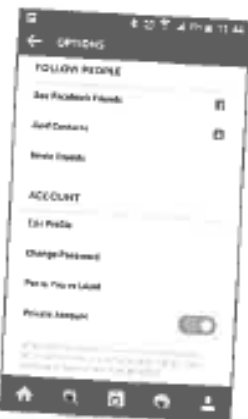


Who can use Instagram?

Users must be 13 years or older to use Instagram. This service is owned by Facebook and usually links to a Facebook account where a user's age can also be verified. There may be content on Instagram which is confronting, graphic or not appropriate for children and younger teens.

Who can see my photos on Instagram?

You can choose to make your Instagram account visible to the public, or just to the people you approve as followers. You can change your account settings to 'private' or 'public' through the Instagram app on your mobile device. First, select the 'Profile' option on the lower right-hand side of the screen. Click 'Options' (signified by three dots), under 'Account' ensure 'Private Account' is in the 'On' position. It is important to note that even if your account is private, if you share an Instagram photo on Facebook, the people on your Facebook friends list will also be able to see this photo.



What could be revealed through an image?

There is a lot of information which can be revealed through a photo when it is shared online, in particular your location. This is revealed through a process called 'geotagging'. Geotagging is when the GPS coordinates of where an image was taken or a post was made, are stored within that post. This means that people may be able to find out where you or your friends live, what school you go to or other personal information through the photos you share.

How can I limit sharing my location information?

It is important to turn off the location function for the camera on your mobile device. For most devices, you can find where to do this in your 'Settings' menu. If you are unsure how to do this on your device, you can look up your device's user guide online. It is also best to avoid using the Photo Map function on Instagram as this will pinpoint where your photos have been taken on a map, potentially showing others the locations where you spend much of your time.

What are the potential problems with Instagram?

The potential problems you may face when using Instagram include sharing private information about yourself through your photos, such as your home address or where you go to school. You may post a photo and receive negative comments from other users, or you might share a photo privately with someone which they then share without your permission. You may also be exposed to photos which are rude, offensive or might upset you. It's important you know how to block and report inappropriate users on Instagram, and if you need further help you can report any problems to the Office of the Children's eSafety Commissioner at www.esafety.gov.au

Top 3 Instagram tips

1. Ensure your Instagram account is set to 'Private'.
2. Avoid sharing photos on your Photo Map – particularly those taken at home or your school.
3. Be aware of how to block, report and delete users.

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